

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Clinical Care
Skills Category	Pain Management
Skills Standard Title	Monitor pain relieving intervention
Skills Standard Descriptor	Monitor pain relieving intervention, and document the effectiveness of the intervention
Skills Proficiency Level	Level 2 <i>Previously "Intermediate" under CCSSF</i>
Source Code	CCSSF-CC-PM-3002-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Types of pains, which may include: ○ Acute pain ○ Chronic pain ○ Breakthrough pain ○ Bone pain ○ Soft tissue pain ○ Nerve pain ○ Referred pain ○ Phantom pain • Types and effects of pain relief interventions • Ways to administer pain relief interventions • Acceptable charts in relation to measuring pain, which may include: ○ Wong-Baker Pain Score ○ Numeric Pain Rating Scale (NPRS) • Organisational policies in relation to pain management, which may include: ○ Assessing pain levels ○ Communicating with client ○ Asking questions to support in pain relief intervention assessment ○ Providing detailed information on request ○ Escalating non-conforming measurement to qualified personnel ○ Documenting effectiveness of pain relief interventions ○ Assisting in interventions (e.g. warm / cold compress, assuring patient) • Provisions of National Infection Prevention and Control

	Guidelines for Long Term Care Facilities (2018), which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling patients with infection ○ Outbreak ○ Hand hygiene ● Relevant legal and/or industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health)
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: ● Assess pain levels in accordance with organisational policies and procedures ● Communicate with client in accordance with policies and procedures, which includes: ○ Asking for personal information ○ Clarifying on timing and pain intervals ○ Assuring client ● Compare measured information against accepted reference charts / baselines and against care plan ● Escalate non-conforming measurement to qualified healthcare professional in accordance with organisational procedures ● Document effectiveness of pain relief interventions (e.g. change in pain levels, pain site, duration of pain, pre and post pain actions, etc.) in accordance with organisational requirements and in reference to care plan
Person Centred Care <i>This refers to having a person centred care mindset to drive the caregiver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: ● Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: ● Monitor pain levels ● Compare measured information against accepted reference charts / baselines and against care plan

	• Escalate non-conforming measurement to qualified healthcare professional • Document effectiveness of pain relief interventions
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